



MISSOURI DEPARTMENT OF
**HEALTH &
SENIOR SERVICES**

Division of Senior & Disability Services

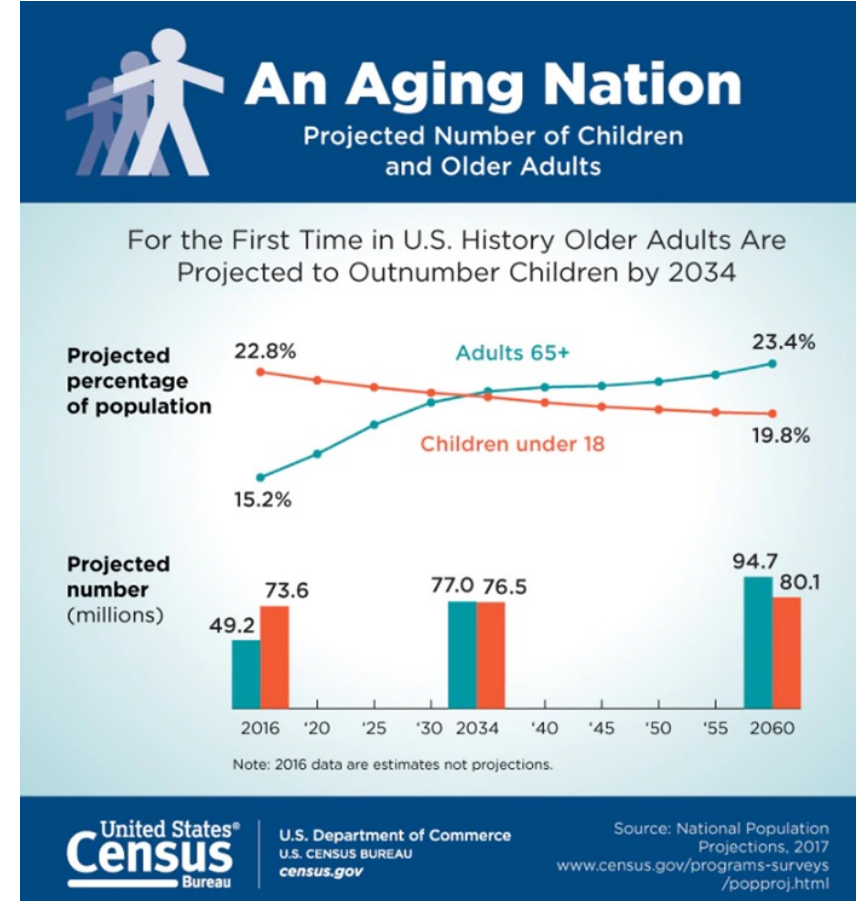
Missouri Master Plan on Aging

Missourians Aging with Dignity Initiative

Mindy Ulstad, Chief
Bureau of Senior Programs

Background

- Missouri seniors age 65+ make up 22.88% of the population
 - By 2034, Missouri seniors will make up more than 25% of Missouri's population (for the first time there will be more older adults than individuals younger than 18 years of age).
 - This gap will continue to widen as the population continues to age with Missouri seniors predicted



Missouri's Population is

What is a Master Plan on Aging?

- A Master Plan on Aging is a living document that:
 - Provides a clear framework to plan for ten years or more;
 - Enables governors to communicate a clear vision and priorities for their state;
 - Guides state and local policies of public and private programs toward aging with dignity;
 - Reflects extensive input from the community, including people of all ages and abilities; and
 - Allows the state to allocate funding or resources to implement initiatives from the Master Plan vs. reacting to individual stakeholder needs

Differences between the State Plan on Aging and a Master Plan on Aging

Metric	State Plan on Aging	Master Plan on Aging
Requirement	ACL Requires for Funding	Not Required
Timeframe	4-Years (Next Plan due June 2023)	10-Years
Roadmap For	Aging Network (SUA, AAAs and their Contractors)	All State Departments, State and Local Governments to work toward aging with dignity
Focus	<p>Older American Act Funded Programs/Services</p> <ul style="list-style-type: none"> • Supportive Services (Access, In-home, legal) • Nutrition (Congregate & Home-delivered meals) • Disease Prevention Health Promotion • Family Caregiver Services 	<p>All Relevant Social Determinants of Health</p> <ul style="list-style-type: none"> • Transportation • Housing (Universal Design/Home Modification) • Mental Health and Substance Abuse • Aging with Developmental Disabilities • Assistive Technology • Healthcare Access • Employment
Coordination/ Input	Aging Network Providers (AAAs and their contractors)	All Providers of Programs and Services (all State Departments, State and Local Governments, All Contractors of these entities)

Executive Order 23-01

On January 19, 2023, Governor Parson signed EO 23-01 ordering the commencement of the Missouri Executive Order 23-01. The order further required the following:

1. Each state agency shall use best efforts to ensure that all Missourians have access to services and supports they are eligible for in order to age safely and independently.
2. Each state agency shall use best efforts to ensure programming includes older Missourians and adults with disabilities when possible with the ultimate goal of ensuring older Missourians and adults with disabilities have a safe and healthy environment and avoid unnecessary institutionalization.
3. DHSS shall, with the assistance of the Advisory Council described below, develop a Master Plan on Aging that addresses the needs and health outcomes for older adults and individuals with disabilities.
4. The Department of Health and Senior Services shall finalize the Master Plan on Aging by December 31, 2025.
5. The Director of the DHSS shall designate stakeholders to be a part of the Advisory Council for the Master Plan on Aging. These stakeholders shall be diverse in nature, and represent a cross-section of interests including groups concerned with aging in place, supporting those with disabilities, local governments, healthcare providers, and health research institutions and associations. Stakeholders may help lead subgroups representing the needs identified in the statewide needs assessment.
6. The director or commissioner of each state agency shall designate, within 30 days of the request of the Director of the Department of Health and Senior Services, an employee or employees who will participate on the Advisory Council and provide data, information,

Executive Order 23-01

Through the executive order, DHSS was tasked with the following activities:

1. Reviewing and assessing the current state of aging services in Missouri;
2. Coordinating and completing at least ten listening sessions with key stakeholders in the Area Agency on Aging regions with at least two listening sessions available statewide;
3. Completing a statewide senior citizen and adults with disabilities needs assessment;
4. Establishing priorities for each state agency and communicating those priorities to key stakeholders; and
5. Developing the Master Plan on Aging.

Components of a Master Plan on Aging



Cabinet Members

Lieutenant Governor- Mike Kehoe
Administration- Ken Zellers
Agriculture- Chris Chinn
Conservation- Sara Parker Pauley
Corrections- Anne L Precythe
Economic Development- Maggie Kost
Elementary and Secondary Education- Margie Vandeven
Health and Senior Services- Paula Nickelson
Higher Education & Workforce Development- Leroy Wade
Commerce and Insurance (DCI) - Chlora Lindley-Myers
Labor and Industrial Relations- Anna Hui
Mental Health- Valerie Huhn
Natural Resources- Dru Buntin
Public Safety- Sandy Karsten
Revenue- Wayne Wallingford
Social Services- Robert J. Knodell
Transportation- Patrick McKenna
National Guard- Major General Levon E. Cumpton

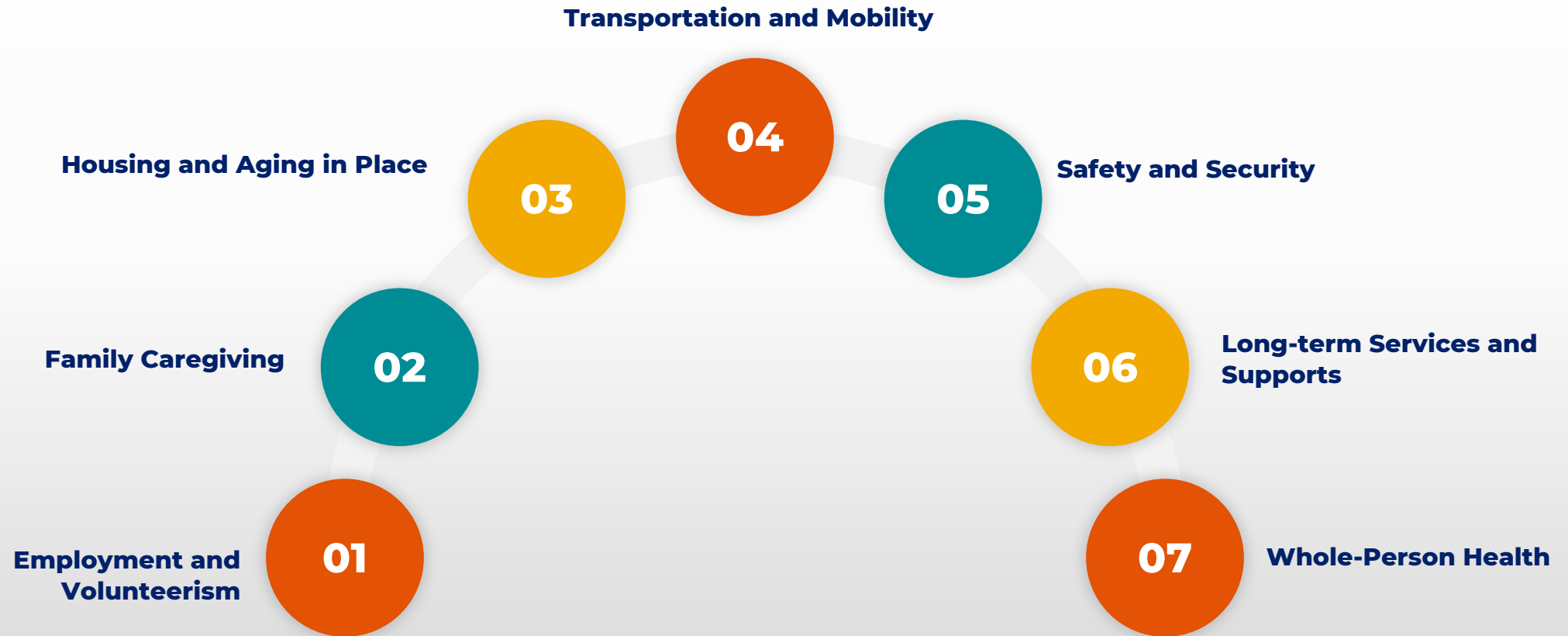
Appointed Members

AAA Rep- Lana Johnson, Aging Matters and ma4 President
Centers for Independent Living- Deb Hobson, President
Assoc. of County Developmental Disability Services- Nancy Pennington
Local Public Health Agencies- Tiffany Bayer
Senior Tax Levy Boards- Tina Uridge
Missouri Association of Councils of Governments- Cindy Shultz
County Commissioners Association of MO- Tim Brinker
Missouri Municipal League; Richard Sheets, Executive Director
UMKC Institute for Human Develop- Sheli Reynolds
Missouri Hospital Association- Jon Doolittle
Missouri AARP- Jay Hardenbrook
Senior Community Services Employment Program- Beth Brown
Missouri Veterans Commission- Paul Kirchoff
Legal Services of Eastern Missouri- LaTasha Barnes
DHSS Office of Minority Health- Angel Surdin
Missouri Council on Aging- Jamie Opsal
Alzheimer's Association- Sarah Lovegreen
MO Foundation for Health- Alyssa Curran
Health Forward- Angela Williams
MO Housing Development Commission- Jenni Miller

Master Plan on Aging Advisory Committee

Subcommittees

Currently planned, but subject to change as needed



MPA Website

Background Information, Meeting Agendas, and Past Meeting Notes

A new master plan on aging website is available. You can find the website at this link:

<https://health.mo.gov/seniors/master-plan-aging.php>

- This website will contain a short description/background information
- Upcoming meeting agendas
- Past meeting minutes
- Additional Resources and Information

Our Team



Paula Nickelson
Acting DHSS Director



Melanie Highland
DSDS Director



Laura Newland
MPA Coordinator
Alvarez and Marsal



Mindy Ulstad
Chief, Bureau of Senior
Programs



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QUESTIONS?



Mindy.Ulstad@health.mo.gov



573-526-4542



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